

**Curriculum Vitae July 2008**  
**Michael Scott Simmons, D.M.D.**

**Personal History**

Marital Status: Married Pamela, three children  
Office: Private Practice 2006-Present  
18386 Ventura Blvd  
Tarzana, CA 91356  
Private Practice 1991- 2006  
15760 Ventura Blvd., Suite 808  
Encino, CA 91436  
Private Practice 1981-Present  
1029 Elizabeth Lake Road  
Palmdale, CA 93551  
  
Teaching/Faculty 1987 - Present  
Department of Oral Medicine/Orofacial Pain  
UCLA School of Dentistry  
10833 Le Conte Avenue  
Los Angeles, CA 90024

Website: [Drmichaelsimmons.com](http://Drmichaelsimmons.com)

**Education**

1974-1977 University of California, Los Angeles  
1977-1981 D.M.D. University of Pennsylvania, School of Dentistry

**Postdoctoral Training**

1981-Present Private practice in general dentistry  
1985-1986 UCLA, TMJ Clinic Preceptorship  
1986 Certification in Thermography  
1986-1987 Fellowship in Pain Management , UCLA Dept. of Anesthesiology,  
School of Medicine  
1981-Present Over 3000 hours of other continuing education in  
other various disciplines of dentistry including: sleep medicine  
orthodontics, cosmetic dentistry and dental implants.  
1987 Fellow Academy of General Dentistry  
1989 Fellow American Academy of Orofacial Pain

**Academic Positions**

2008 Director of Pre Doctoral program in Dental Sleep Medicine UCLA  
1987-Present Lecturer, UCLA, School of Dentistry, Department of Orofacial Pain &  
Oral Medicine  
1987-1990 Assistant Clinical Professor, UCLA, Pain Management Center,  
Department of Anesthesiology, School of Medicine.  
1990-1996 Member of UCLA Dental School "Patient Record Subcommittee"  
(Eight member committee),  
1990 – 1993 Clinical Supervisor, UCLA Pain Clinic, Department of Orofacial Pain  
& Occlusion.

### **Membership In Professional Organizations**

American Dental Association  
California Dental Association  
American Pain Society  
American Academy of Orofacial Pain  
American Academy of Dental Sleep Medicine  
American Academy of Sleep Medicine

### **Positions in Professional Organizations**

1989-1990 President-UCLA TMJ Associates Study Club  
1989-1990 Secretary-Western USA Pain Society, (W.P.S.)  
May 1991 Program Chairman-Annual Meeting, W.P.S.  
1991-1992 President-Western USA Pain Society  
1991-1992 Division Chair Regional Sections Committee- American Pain Society  
Editor-Regional Sections for American Pain Society Journal  
1992-1994 Education Committee-American Academy of Orofacial Pain  
1998 Board Certification Exam Committee-American Board of Orofacial Pain  
1999 LASS (Los Angeles Sleep Society) Board Member Dental Liason  
1999-2006 Member California Dental Association Ethics Committee for San Fernando Valley  
2007-Present Ethics Committee Chairman, California Dental Association, San Fernando Valley Chapter  
2008 - Present Dental School Curriculum Committee American Academy of Dental Sleep Medicine (AADSM)  
2008 - Present Public Relations Committee AADSM

### **Certification/Licensure**

1981 American National Board of Dental Examiners  
California State Board  
California State License #29916  
1996 Diplomate American Board of Orofacial Pain

### **Publications**

1. Simmons, M.S. "Myofacial Headache" In: Brechner, T.B., "Common Pain Syndromes," Yearbook Medical Publishers 1990.
2. Simmons, M.S. "Cluster Headache" In: Brechner, T.B., "Common Pain Syndromes," Yearbook Medical Publishers 1990.
3. Simmons, M.S. and T.D. Oleson Auricular electrical stimulation and dental pain threshold. Anesthesiology Progress 40: 14-19 1993.
4. Clark, G.T., Tsukiyama Y, Baba K, Simmia M. The Validity and Utility of Disease Detection Methods and of Occlusal Therapy for Temporomandibular Disorders. Oral Surgery Oral Medicine, Oral Pathology Oral Radiology 1997; 83: 101-6.  
Based upon a presentation at the National Institute of Dental Research Technology Assessment Conference on the Management of Temporomandibular Disorders. April 29 – May 1<sup>st</sup> 1996. Bethesda, Md.
5. Clark, G.T. and Simmons, M. Occlusal dysesthesia and temporomandibular disorders: Is there a link? Alpha Omega dental journal 2002.

### **Scientific Presentations**

1. Graff-Radford, S.B., Simmons, M.S. at al, Are Bone Cavities associated with trigeminal neuralgia?, Presented at the Western Pain Society Annual Meeting 1988.
2. Simmons, M.S., Oleson, T., Zarenbinski, C. Auricular acupuncture effects on tooth threshold sensitivity and it's reversibility by Naloxone. Presented at Western Pain Society Annual Meeting 1989.

### **Scientific Poster Presentations**

Oleson, T.B., Simmons, M.S., Zarenbinsky, C. Evaluation of Auriculotherapy on dental threshold sensitivity and it's reversal by Naloxone., at American Pain Society Annual Meeting, Oct. 1989. (This poster won a citation award for best original research).

### **Lectures**

1. UCLA Pain Management Center, Department of Anesthesia, School of Medicine, interdisciplinary conference on:
  - a. Unilateral Headaches, September 10, 1986
  - b. Clinical Dentistry, November 26, 1986
2. UCLA School of Medicine, Chronic Craniofacial Pain Lecture Postdoctoral Seminar.
  - a. More specifics on headache diagnosis, especially vascular headaches, January 23, 1987.
  - b. Spray and stretch trigger point injection workshop, March 13, 1987.
  - c. Classification of Headaches, January 19, 1990.
3. UCLA School of Dentistry-Junior Dental Class
  - a. History Taking, September 30, 1988.
  - b. Modalities and Approaches to the Difficult TMJ Patient, November 4, 1988.
4. UCLA School of Dentistry-Post Doctoral Mini Residency in TMJ and Facial Pain.
  - a. Differential Diagnosis and treatment of head and neck muscle disorders, March 9, 1990.
5. UCLA Pain Management Center Department of Anesthesia, School of Medicine.
  - a. Evaluation and Management of the Chronic Daily Headache Patient, August 1989.
  - b. Differential diagnosis and treatment of the TMJ, September 1989.
  - c. Rational for use of ergotamine in abortive treatment of migraine, November 1989.
6. Valley Industrial People monthly meeting. TMJ disorders and the interdisciplinary management of a complex TMJ patient, October 4, 1990.
7. UCLA Continuing Education Seminar "TMJ and Orofacial Pain: An Overview." The Importance of Patient Records in Patient Management, November 3-4, 1990.
8. UCLA Section of Oral Medicine, School of Dentistry.
  - a. The problem oriented dental record, April 26, 1991.
  - b. Sequencing treatment in the patient with facial pain, May 15, 1991.
9. Alpha Omega Dental Society, San Fernando Valley Chapter. Pit falls in the Identification and Management of Chronic Orofacial Pain Patients, October 9, 1991.
10. California Dental Society, San Fernando Valley Zones 2,4,5,6,7,12 "Management of Patients with Chronic Pain. A Multidisciplinary Approach," November 14, 1991.
11. UCLA Continuing Education Seminar "TMJ and Orofacial Pain: An Overview." The Importance of Patient Records in Patient Management, November 1991.
12. UCLA Continuing Education Seminar "TMJ and Orofacial Pain: An Overview." The Importance of Patient Records in Patient Management, November 1992.
13. Health Awareness Day, Beverly Hills Chapter of Hadassah. 1992 "Head TMJ and Orofacial Pain Management."

14. San Fernando Valley Dental Society, CA – Zone 12. “Identification and Management of Complex Orofacial Pain,” January 1993.
15. Irving Gold Foil Study Club. The Presentation and Management of Patients with Orofacial Problems, October 1995.
16. Alpha Omega Dental Society, San Fernando Valley Chapter. Oral Dysesthesias, November 1995.
17. California Dental Society Regional Chapter. Complex orofacial pain conditions, January 2003.
18. Pain Management Associates, Palmdale California – Sept 2007 – Sleep Medicine, Pain Syndromes and Dentistry
19. Community Lecture on Dental Sleep Medicine – Alternatives to CPAP. Sept 2007
20. California Dental Association Antelope Valley Sept 2007. OSA, CPAP and the connection to Dentistry
21. Irving Gold Foil Study Club Oct 11, 2007. Obstructive Sleep Apnea and the relationship to Dentistry
22. TV interviews for Time Warner Cable – multiple interviews over the months of Nov and Dec 2007 on OSA, CPAP and OAT.
23. Oral Surgery Study Club Lecture – Odyssey Hall – Feb 2008. The Relationship of Sleep Apnea and Snoring to Dentistry
24. Lecturer (3 lectures) USC School of Dentistry with Dr. Glenn Clark. March 28-29, 2008  
Medical Consequences of Sleep Disturbed Breathing, How to use and deliver Oral Appliance Therapy and Case Study.
25. ROTC guest lecturer in Dental Sleep Medicine, snoring and sleep apnea. April 26, 2008.
26. Regional Lecture in Dental Sleep Medicine to Santa Clarita Orthodontic study club August 18 2008
27. Regional Lecture in TMJ and Orofacial Pain to Woodland Hills Orthodontic study club 9/13/08

### **Teaching Activities at UCLA**

1993- 2008

CJT401a, Course Chair or Co-Chair 1<sup>st</sup> Year Dental Students Clinical Judgement, UCLA School of Dentistry. Lecturer and Clinical Instructor for Course CJT 401a.

1987 DS403s, Occlusion, UCLA School of Dentistry, July-September, William K. Solberg, DDS MS. Course Director.

DS403s, Jaw Pain and Dysfunction, School of Dentistry, September-December, Glenn T. Clark, DDS. MS., Course Director.

Pain Management Center: Medical and Dental Fellows Training, July 1987-June 1988.

1988 DS403s, Occlusion, UCLA School of Dentistry, July – December, William K. Solberg, DDS, MS., Course Director.

September-December, Glenn T. Clark, DDS, MS., Course Director.

Pain Management Center, School of Medicine, Medical and Dental Fellows Training, July 1988-1990.

- 1989 DS403s, Occlusion, UCLA School of Dentistry, July-September, William K. Solberg, DDS, MS., Course Director.
- 1990 Course Vice Chair 1<sup>st</sup> Year Dental Students CJT401a, Clinical Judgement, and UCLA School of Dentistry.  
Treatment Planning Clinic, Pre-doctoral, UCLA School of Dentistry July 1990-June 1991.
- 1991 Clinical Supervisor, Wednesday evening post-doctoral Clinic Pain Management Center, School of Dentistry.  
Course Co-Chair 1<sup>st</sup> Year Dental Students CJT401a, Clinical Judgement, UCLA School of Dentistry.  
William K. Solberg, DDS, MS., Course Chair.
- 1992 Course Chair Post-doctoral Orofacial Pain Residents, Myofascial Pain an interactive course. The California Workers' Compensation System. Techniques in report writing.  
Clinical Supervisor, Wednesday evening post-doctoral Clinic Pain Management Center, School of Dentistry.  
Course Co-Chair 1<sup>st</sup> Year Dental Students CJT401a, Clinical Judgement, UCLA School of Dentistry.  
William K. Solberg, DDS, MS., Course Chair.
- 1993 Clinical Supervisor, Wednesday evening post-doctoral Clinic Pain Management Center, School of Dentistry.  
Course Chair 1<sup>st</sup> Year Dental Students CJT401a, Clinical Judgement, and UCLA School of Dentistry.
- 1993- 1998 CJT401c, Clinical Judgement, UCLA School of Dentistry.  
Lecturer and Clinical Instructor for Course CJT 401c.
- 2002 Clinical Judgement and Medical records. Post-doctoral International student program
- 2004 –2005 Lecturer post doctoral students in Orofacial Pain Residency. Literature review

**Other**

Television appearances on “Looking Good Feeling Good” January 24, 1992 and April 28, 1992. Shows have been repeated several times on various channels of Cable TV.  
Medicolegal expert in multiple trials including expert witness testimony in Federal Court.  
Multiple showings on Time Warner Cable for Obstructive Sleep Apnea – Evaluation and Treatment  
Newspaper lead article on dental sleep medicine. July 2007

References:

Dr. Diana Messadi, Director and Chair UCLA School of Dentistry Dept of Oral Medicine and Orofacial Pain  
Dr. Glenn Clark, Director and Chair USC Dental School, Dept of Oral Medicine and Orofacial Pain.